

***Make 2019  
Your Year:  
ALIGNING MIND, BODY,  
AND SPIRIT***

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**SATURDAY,  
12/29/18**

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**10:00 AM - 3:00 PM**

With Dana Jefferson, Tracy Lake,  
and Amber Newby at Natural  
Connection Wellness Center, 313 4<sup>th</sup>  
Street, Huntingdon, PA 16652

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**MOVEMENT, VISION  
BOARDS, JUICING,  
HERBS, MENTAL BANK,  
AND MUCH MORE!**

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**LIMITED SPACE**

\$30.00 includes lunch. Last day to register  
is December 22, 2018. For info, contact  
Dana Jefferson at [wintersjoy74@gmail.com](mailto:wintersjoy74@gmail.com)  
or 814-643-4260. Register by sending  
check payable to Dana Jefferson at above  
address.

