

***Make 2019
Your Year:***
**ALIGNING MIND,
BODY, AND SPIRIT**

**SATURDAY,
12/29/18**

10:00 AM - 3:00 PM

With Dana Jefferson, Tracy Lake,
and Amber Newby

**MOVEMENT, VISION
BOARDS, JUICING,
HERBS, MENTAL
BANK, AND MUCH
MORE!**

LIMITED SPACE

\$30.00 includes lunch. Last day to
register is December 22, 2018. For
info, contact Dana Jefferson at
wintersjoy74@gmail.com or

814-643-4260.

