



Reiki Share

When: 3rd Wednesday of every month

7:00-8:30 pm

Where: Huntingdon Health and Wellness Association

313 4th Street in Huntingdon

Cost: Free, Donations accepted

Hosted by Tracy Lake, Reiki Master

Join us for a healing and explorative evening of Reiki Energy. Reiki is a gentle, loving energy that flows from a universal life force that can help heal on a mental, emotional, physical and spiritual level. All are welcome. No previous experience in energy healing is required. The evening will include a balancing meditation, followed by an evening of giving and receiving energy.

All donations will support the Huntingdon Health and Wellness Association

Please RSVP to Tracy at stlake3@verizon.net